



AUGUST 2017

Sister Dorothy Pawlus
Executive Director
dpawlus@chfmanor.org
412-931-6996 Ext. 6513

Melissa Armienta
Administrator
marmienta@chfmanor.org
412-931-6996 Ext. 6606

Maura Mixter
Nursing Manager
mmixter@chfmanor.org
412-931-6996 Ext. 6230

Jim Blosat
Dietary Manager
james.blosat@sodexo.com
412-931-6996 Ext. 6107

Marleen Dean
Activity Manager
mdean@chfmanor.org
412-931-6996 Ext. 6601

Peg Monaco
Director of Finance/MIS
pmonaco@chfmanor.org
412-931-6996 Ext. 6605

Richard DePaul
Director of Maintenance
rdepaul@chfmanor.org
412-931-6996 Ext. 6609

Kim Carter
Director of Human
Resources
kcarter@chfmanor.org
412-931-6996 Ext. 6514

Ann Restaine
Director of Development
arestaine@chfmanor.org
412-931-6996 Ext. 6109

PRAYER FOR SUMMER



Father, Creator of all, thank you for summer!

Thank you for the warmth of the sun and the increased daylight.

Thank you for the beauty I see all around me and for the opportunity to be outside and enjoy your creation.

Thank you for the increased time I have to be with my family and friends and for the more casual pace of the summer season.

Draw me closer to you this summer.

Teach me how I can pray no matter where I am or what I am doing.

Warm my soul with the awareness of your presence and light my path with your word and counsel.

As I enjoy your creation, create in me a pure heart and a hunger and a thirst for you.

Amen



MANOR MEMOS

- Our annual Luau will be held on Sunday, August 13th at 2:00 pm in our auditorium. Come learn a hula dance, listen to the island sounds of Tracey Lee Simmons and enjoy some tropical punch, treats and more.
- Starting this month, we will be expanding our evening programming. On Tuesday evenings we will hold a Family Bingo Night, on Wednesday a Family Fun Night (Worship Service the second Wednesday) and on Thursday we will hold a Family Game Night. We encourage families to come and have some fun with their loved one. Programs will start at 6:00 pm.
- Since so many of our residents request to have their nails done, manicures will now be done in the parlor on the third floor. Please see your calendar or daily schedule for the time and day.
- Just a reminder that the Allegheny County Library Association Senior Bookmobile comes on the third Wednesday of the month. Books, Kindles, CD's and DVD's are available. See the Activity Staff for any special requests.

NEW EVENING ACTIVITIES

Tuesdays
Family Bingo Night

Wednesdays
Family Fun Night

Thursdays
Family Game Night

Evening programs start at 6:00 pm.

UPCOMING EVENTS

August 7th
Flute and Piano Music

August 13th
Luau

August 24th
Camping Day

August 31st
Magic Show

WELCOME

Yolanda S. Room 105

Gloria R. Room 331 B

Kathleen D. Room 206

RESIDENT SPOTLIGHT

HAPPY BIRTHDAY



JEAN S. 10TH
YOLANDA S. 19TH
RUTH B. 20TH

Edith B. was born and raised in Bellevue. After graduating from Avalon High School, Edith did office work until she met her future husband, Robert. This loving couple met through a friend and were happily married for 63 years.

After Robert returned from Korea, they settled in Bellevue and raised three wonderful children: Robert, Kathy and David. Robert worked as a mechanic while Edith kept busy with the children. Edith remembers attending many of her sons' baseball games. She also found time to do garden work, go to the casino and walk with her daughter in North Park.

Today, Edith comes to activities, watches the Young and the Restless and Blue Bloods but her true passion is rooting for Duke's basketball team and our own Pittsburgh Penguins. She also takes good care of our patio flowers.

Edith has a warm, friendly smile and an engaging personality. She has a great sense of humor and has many stories to tell. We are blessed to have this "ray of sunshine" here with us at Holy Family Manor.

MANOR MEMORIES

This spring, our “green thumbs” busied themselves planting flowers and tomatoes on our patios for us to enjoy all summer. Now, all who go out for some fresh air can appreciate these beautiful blooms. Since early June, residents have enjoyed a slice of a fresh tomato on their salad at lunch. There is nothing like a home grown tomato!



“Farmer Milton” plants our tomatoes.

**Plant
Smiles...
Grow
Laughter...
Harvest
Love...**



Milton enjoys “the fruits of his labor”.



Irene H. plants the zinnias.

**WHERE
FLOWERS
BLOOM
SO
DOES
HOPE.**

**FRIENDS
ARE
THE
FLOWERS
IN
THE
GARDEN
OF
LIFE.**



Ray H. works on the marigolds.

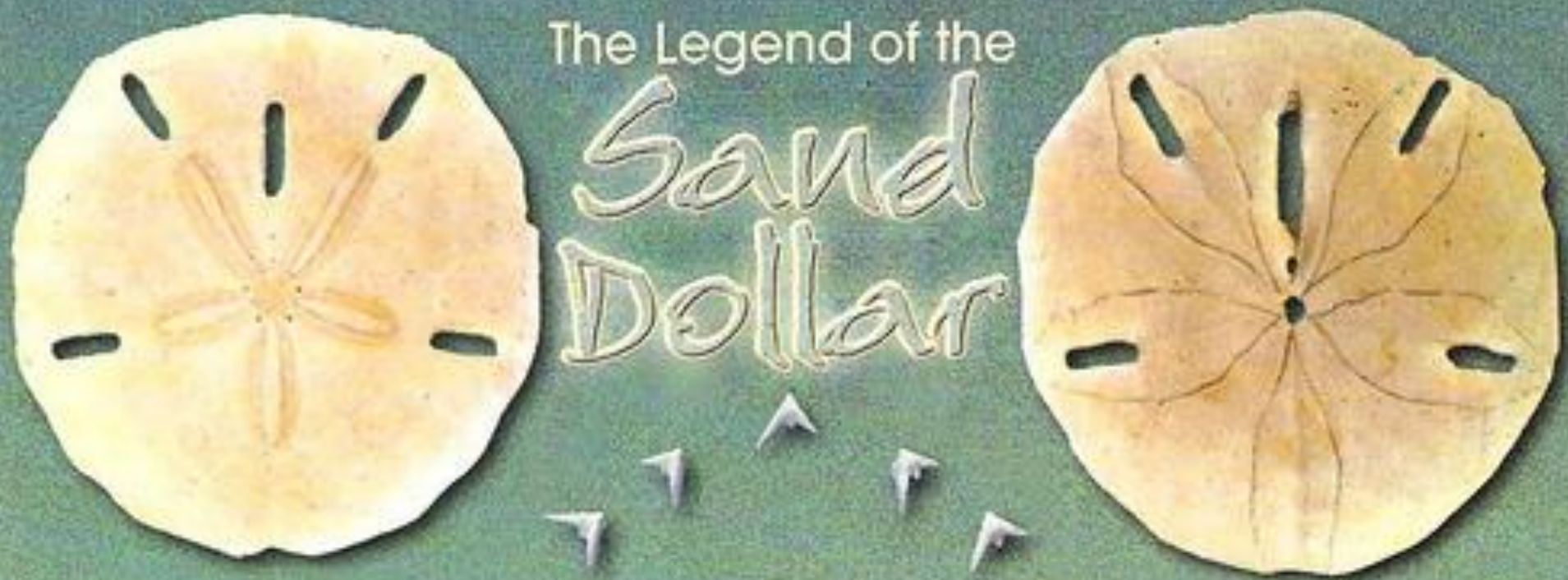
MY GARDEN FEEDS MY SOUL.



We
Make
A
Living
By
What
We
Get.

We
Make
A
Life
By
What
We
Give.

Winston Churchill



THE SAND DOLLAR or HOLY GHOST SHELL is one of the most unusual specimens of marine life.

The markings on the shell symbolize the Birth, Crucifixion and Resurrection of Christ.

On the top side of the shell, an outline of the Easter Lily is clearly seen. At the center of the Lily a five pointed Star representing the Star of Bethlehem appears. The five narrow openings are representative of the four nail holes and the spear wound made in the body of Christ during the Crucifixion.

Reversing the shell you will easily recognize the outline of the Christmas Poinsettia and also the Bell. When broken, inside the shell are five little birds called the Doves of Peace. Some say they are the Angels that sang to the Shepherds the First Christmas Morning.