

JANUARY 2017

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As we look to the future and welcome in the New Year, let us also welcome Holy Family Manor's new Executive Director, Sister Dorothy Mary Pawlus. She will begin her tenure in February. Sister Dorothy Mary comes to us with lots of experience as well as degrees in Business Administration and Pastoral Ministries. We look forward to the mission and passion that Sister Dorothy Mary will bring to this position.



Bringing in the New Year is also a time for letting go of the past. Sister Janice Fulmer has accomplished many things during her time here and will continue to serve Holy Family Manor in a part-time capacity focusing her energies and expertise on the capital campaign which is now in progress. Our deepest appreciation and gratitude are extended to Sister Janice for all she has done to make Holy Family Manor the wonderful place it is today. We wish her well and success in her new endeavor.

MANOR MEMOS

- ❄️ Medicare Open Enrollment ended on December 7th, if any changes were made to your plan, please make sure that these changes are forwarded to our Administrator to avoid any potential problems or miscommunications.
- ❄️ A special Thank You was sent to Assumption Parish for the wonderful Christmas gifts that they provided for our residents.
- ❄️ Please remember to have all new Christmas clothing labeled.
- ❄️ Just a reminder that the Allegheny County Mobile Library comes to Holy Family Manor on the third Wednesday of the month. Books, kindles, movies, CD's are available for use. Requests are also honored.
- ❄️ Tai Chi Class meets every Tuesday afternoon at 2:00 p.m. in the auditorium. Tai Chi improves balance, reduces pain, helps regulate blood pressure and makes you feel younger! Come join us.

INVITATION

Please join us for a **BEAT THE WINTER BLUES BRUNCH** which will be held on Sunday, January 22nd at 11:30 in our auditorium. Come join the fun and entertainment. Prizes will be given to those who wear the most blue. Please RSVP to Michael Pugliese, Food Service Manager at 412-931-6996 ext. 6107 or email Michael.Pugliese@sodexo.com by January 16th. Tickets are \$10.00 for adults and \$5.00 for children under 12 and can be paid for at the door.

HFM Cookbook Update

Due to a limited response, we would like to extend the deadline for recipes for our HFM Cookbook to February 14th. Many of these recipes will be made by our Dietary Department so we need more recipes to add to our current supply. Families, staff, and residents are more than welcome to participate. A copy of the form is attached so that we can add a little history with the recipe. Any questions, please contact Marleen Dean, Activity Manager.

WELCOME

❄️ Harry K. ❄️
Room 321
❄️ ❄️

HAPPY BIRTHDAY

Sister Rose Mary

RESIDENT SPOTLIGHT

We welcome Harry K. to our Holy Family Manor family. Harry was born and raised right here in Ross Township. After graduating from Perry High School, Harry enlisted in the marines and served on the Pacific front. After his return from overseas, Harry drove the Negley Run Streetcar and later buses for the Port Authority for 36 years. One of Harry's stops was to the White Tower for a burger. It was there he met his future wife, Gertrude. They both worked the night shift and Harry used to ride Gertrude to her home in Millvale. They were happily married for 26 years and were the proud parents of one son, Harry, two grandchildren and four great-grandchildren. When not working or with his family, Harry volunteered for over 30 years at the Evans City Food Cupboard but his real passion was running. At age 57, Harry began to run in marathons and while returning from a marathon in Washington D.C. with a great time of three hours and 28 minutes, the girls on his bus began to call him "Hot Harry". This moniker has stuck with Harry to this day. In fact, in North Park at Stone Field, there is a memorial dedicated to "Hot Harry". Although Hot Harry's running and biking days are over, he still enjoys listening to country music and watching the Steeler games. He has many good stories to tell, so if you need someone to talk with come visit Hot Harry, you'll be glad you did!

MANOR MEMORIES

We kept very busy during 2016 with activities, brunches, renovations, entertainment programs and a 50th anniversary celebration. No matter what the occasion, season or time of year, we are definitely blessed to be one big, happy family.



FAMILY



FRIENDSHIP



FUN



HAPPY
NEW
YEAR



2017

MAY THE
LORD
BLESS AND
KEEP YOU.

MAY HIS
FAVOR
SHINE
UPON YOU.

MAY YOU
BE FILLED
WITH HIS
PEACE.

AS WE LOOK TO THE NEW YEAR
LET US ALWAYS REMEMBER . . .

The power of prayer

The success of perseverance

The pleasure of working

The value of time

The influence of example

The power of kindness

The obligation of duty

The virtue of patience

The worth of character

The wisdom of economy

The improvement of talent

The presence of God

